

Accidentallocavore®

Dear Friend,

I try to stick to food topics, but every now and then, feel compelled to stray off topic. This week I was focused on <u>current events</u>.

Back to focusing on food...these spare ribs vindaloo might be just the thing for a SuperBowl party!

Another missed radio show, but I'll be back next week with a young farmer. Check the details out below.

Some beautiful roses to grace your computer screen for the February calendar.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they <u>can sign up for the newsletter</u>. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Proud to be an American--Just Not Today No, this isn't about food, it's about being an

American. Sometimes you just don't feel like eating. Even the Accidental Locavore. Yeah, it's easy to say #notmypresident. I didn't vote for him.

Read more:

🔽 🕇

Spare Ribs Vindaloo

How could you resist a mash-up like spare ribs vindaloo, recently in Food & Wine? And then, spare ribs were on sale. Kismet.

This made a lot of ribs and the Accidental Locavore only bought a single rack. It may look like a lot of ingredients, but you probably have most of them.



Get the recipe:



February Calendar

Some beautiful roses to get you through the last winter month. Better than a groundhog--right?

Download the Calendar:



Accidental Locavore Live!

If you missed the last show, you can catch up on our homepage.

Yesterday's show also cancelled because I was sick. Tuesday my guest will be a young farmer, Leanna Mulvihill who will talk about some of the challenges facing the next generation of farmers.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12569-1289 US

