



**Dear Friend,**

Please enjoy this week's newsletter. I hope it's been entertaining. Perhaps you have a friend or two who might like it? Why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,  
Anne



#### **Recipe for Mexican Style Fish With Potatoes and Salsa**

So far, the Accidental Locavore has stuck to my once-a-week seafood goal. A piece of cod found in the freezer clean-out inspired this recipe, based on one of my favorites: Rick Bayliss' *Mexican Everyday*. Below is his recipe, for 4 people. It's easy and fast. I use half the potatoes and fish to serve 2 and keep the rest of the salsa for other uses.

[Get the recipe:](#)

#### **Will Your Birthday Cake Outlive You?**

Have you ever considered that a piece of your birthday cake could outlive you? The Accidental Locavore understands that there are certain cakes (you know the kind) that look like they could be preserved for eternity, but never really thought anyone would put it to the test. Wrong! And no, it was not for a taping of a new show on TLC...*Cake Hoarding: Buried in Frosting*.

[Find out whose cake it was and get some great local ideas for Valentine's Day:](#)



**New This Week:**

**February Desktop Wallpaper Calendar**

While [Coq au Vin](#) may not look like love to everyone, to my husband it is (and that's what matters). [Click here to download](#) the Accidental Locavore's February Calendar. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

#### **Blogging Boomer's Carnival 244**

Are you sitting down? Maybe you shouldn't be. And of course, musing on the Super Bowl.

[Catch the carnival:](#)

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