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# Accidentallocavore®

## Dear Friend,

This week you can find out what my favorite kitchen gear is. In honor of the Super Bowl being in New York (sorta, kinda), I've included my amazing guacamole recipe. And, on the sports note, last month I was the guest for a great ice show, which I wrote about for HuffPost. The link is below. If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne

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## Top 6 Pieces of Kitchen Gear I Own

After the Accidental Locavore dissed five appliances for being (hard-to-clean, stainless steel) single function space-hogs, you may be amused to see what does take up that valuable kitchen real estate. Unlike coffee makers, tea kettles and various ovens (toaster, microwave) that get a daily workout, these sit quietly until called into action.

[More kitchen gear:](#)

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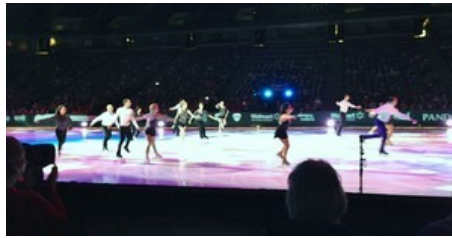


## 7 Ingredients for the Best Guacamole Ever!

Since it's almost Super Bowl Sunday, what good would this blog be without a recipe for guacamole? And not to brag, but the Accidental Locavore makes the best guacamole! Here's the key: lots of cilantro. Even if you're not a big cilantro fan, just close your eyes and go for it, you'll be glad you did.

[Guacamole:](#)

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### Legends of the Ice

The dictionary defines kismet as destiny or fate and that's certainly what it was when I was invited to Legends of the Ice as a guest of the sponsors, Procter & Gamble and Walmart. Be sure to catch it (and maybe me in bright pink) when it airs on NBC, February 1 at 2:30 EST (but check your local listings).

[Read the whole piece.](#)

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### February Calendar

Can't be February without some chocolate, right? This is an easy molten chocolate cake, if it's making you hungry, [here's the recipe.](#)

[Click here](#) to download the calendar.

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### Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

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