

#### Dear Friend,

Please enjoy this week's newsletter. I hope it's been entertaining. Perhaps you have a friend or two who might like it? Why don't you suggest they sign up by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn. Thanks.

Anne



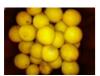
## Geeks vs.Gorgeous: Another Day of Living Trendily

Thursday, the Accidental Locavore was wandering around Chelsea checking out two newcomers, Haven's Kitchen and the Startup Shop (beta). This past weekend, a Startup Store (beta) was hosting Coffee Common. Don't let the name fool you for a second, there is nothing common about these coffees or the baristas flown into teach you how to brew a perfect (obsessive) cup. <u>Get the scoop:</u>

### Fooling Frank: Recipe for Indian Style Salmon

One of the ongoing challenges the Accidental Locavore faces, is how to disguise that really-goodfor-you super-food, salmon, so that my husband will eat it. Raw (salmon tartare), or smoked, he's there in a heartbeat; it's all the cooked versions he eschews. If I'm going to stick to my once-aweek fish resolution, it's got to be a part of it. So, how about disguising it as something he usually loves -- Indian food!





Here's the recipe:

New This Week:

## January Desktop Wallpaper Calendar

Click here to download the Accidental Locavore's January Calendar. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

# **Blogging Boomer's Carnival 243**

Do you have to be human to love snow? What's the secret ingredient for \_\_\_\_? The Boomers are at it again:

### **Poughkeepsie Journal**

Do you ever think about going into space? See what I want to do on my next big birthday. Check it out:



## Ecoplum

Check out this month's Ecoplum article: Sustainability starts at home.

The **Accidental Locavore** is now on <u>Alltop</u>! Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

150 West End Ave 23H | New York, NY 10023 US

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