



Dear ,

Fear of Roasting II this week, pan roasting. And a recipe for Moroccan Short Ribs, enjoy! If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!  
Anne



#### **Fear of Roasting II: Pan Roasting**

OK, so last week the Accidental Locavore got you started down the roasting trail. But what if you don't want to cook a big hunk of meat? What if you have something like a chop or a bunch of chops? For pan roasting, the list of essentials is shorter but you need to have the right gear and be a little more hands-on

[Pan Roasting:](#)

#### **Moroccan Braised Short Ribs Recipe**

This looked like a great new way to do short ribs and the Accidental Locavore was fascinated by the brining of the ribs, not to mention all the great Moroccan spices. I cut it in half to feed 2-3 and used my own preserved lemons (recipe soon). Don't let the length of this fool you-it's easy stuff. You need to plan this a day ahead so the meat has time to brine (see my verdict below) and like most braises, it's pretty easy.

[Braise some ribs:](#)



#### **Christmas Special**

If you missed me making lollipops in the Heirloom Meals Christmas Special, you can access it on Vimeo. I'm on about halfway through, after the cheesemaker.

[Here's the link:](#)

#### **January Calendar**

A cozy cup of hot chocolate will warm you up on a cold January day.

To use as your desktop wallpaper in Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or right-click on the image and choose "Set as Desktop Background" Enjoy!

[Download Calendar:](#)



#### **Huffington Post**

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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