

Accidentallocavore®

Dear Friend,

It's a little past the date now, but the French (as usual) have a much better idea for Groundhog

Any excuse to eat Brussels sprouts! This recipe might change some non-believers' minds!

My 3 chêvre mac and cheese was featured on MSN.com this week, scroll towards the end and check it out here.

Another missed radio show, but I'll be back next week with a young farmer. Check the details out below.

Some beautiful roses to grace your computer screen for the February calendar.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can sign up for the newsletter. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



February 2nd: Groundhog vs. Crêpes

To the majority of people reading this, February 2nd is Groundhog Day. However, in France the Accidental Locavore discovered a much better way to "celebrate" this day—la Chandeleur, Fête de la Lumière, or Candlemas. It's also known as the Day of Crêpes.

Read more:





Brussels Sprouts Gratin

As much as the Accidental Locavore likes Brussels sprouts any way, every now and then, you need to mix it up, dress them up.

Cheese is always good.

And knowing how to do a béchamel sauce (which technically becomes a mornay sauce with the addition of cheese) is handy for a lot of things—mac & cheese, croque monsieur, etc.



Get the recipe:



February Calendar

Some beautiful roses to get you through the last winter month. Better than a groundhog--right? Download the Calendar:

Calendar

Accidental Locavore Live!

If you missed the last show, you can catch up on our homepage.

Monday my guest was a young farmer, Leanna Mulvihill who spoke about some of the challenges facing the next generation of farmers.

Next week, I'll be talking to the founders of Good Food Jobs, based here in the Hudson Valley about how they became the go-to site for jobs in the food business.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12569-1289 US

