

Dear Friend

Hope you enjoyed the long weekend! Please enjoy this week's newsletter. I hope it's been entertaining. Perhaps you have a friend or two who might like it? Why don't you suggest they sign up by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Anne



Accidental Locavore Makes Gnocchi: A Recipe

For a long time the Accidental Locavore has wanted to learn how to make gnocchi, one of my favorite forms of pasta, but classes never worked with my schedule. When Haven's Kitchen had a gnocchi class that did fit, it seemed like a perfect opportunity. And wouldn't a sparkling new kitchen be just the place?

Get the recipe:

La Promenade des Anglais

The Accidental Locavore found that one advantage of having had a hand in a splint (and trust me, in NYC there are only a few and why don't they make splints in safety orange?) is that from time to time people would comment on it and **once** a seat on the subway was offered to me. The splint turned out to be how I met the extremely handsome, charming and French chef de cuisine of La Promenade des Anglais -- Alain.



Oh, and did I mention he can cook?



New This Week:

February Desktop Wallpaper Calendar

While <u>Coq au Vin</u> may not look like love to everyone, to my husband it is (and that's what matters). <u>Click here to download</u> the Accidental Locavore's February Calendar. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Blogging Boomer's Carnival 247

This week we welcome a new member to the carnival, Heidi Lee and her blog *The Art of Toad Kissing*. You owe it to yourself to check out her site...you'll love the photo! The rest of the boomers are grappling with the upcoming elections, hidden Dubai and much more.

<u>Catch the carnival:</u>

Hike 4 Hope

It's that time of year again...please help me support City of Hope and women's cancer research through Hike 4 Hope. To contribute <u>click here</u> and thank you so much!



Pinterest

Have you explored Pinterest yet? It's so interesting with many beautiful photos to inspire you to cook, travel decorate and more. Follow Anne and see the locavore "pins".

Check it out:

The **Accidental Locavore** is now on <u>Alltop!</u> Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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