



Dear Friend,

Happy Valentine's Day! Please enjoy this week's newsletter. I hope it's been entertaining. Perhaps you have a friend or two who might like it? Why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,
Anne



Accidental Locavore Recipe for Spilt Pea Soup in a Slow Cooker

When faced recently with the promise of a long day without food, what was the Accidental Locavore to do? Why, cook, of course! Come on, you know it beats staring longingly at the Food Network. Before checking into the hospital (to have work done on my hand) I decided to put a batch of split pea soup in the slow cooker, that way it would be there waiting for me. Added

bonus, my apartment would smell wonderful!

[Get the recipe:](#)

A Hot Chocolate Tour of New York. What Are The Top Three?

The Accidental Locavore decided to metaphorically take lemons & make lemonade today. Out of the blue, the afternoon was going to be spent meeting people for coffee at three different places, all known for pouring a reasonable (or better) hot chocolate. So, in the interest of sugar and caffeine, I decided to do an informal taste test (just hope my trainer isn't reading this).

[The results:](#)



New This Week:

February Desktop Wallpaper Calendar

While [Coe au Vin](#) may not look like love to everyone, to my husband it is (and that's what matters). [Click here to download](#) the Accidental Locavore's February Calendar. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Blogging Boomer's Carnival 246

Today and tomorrow only download a free book *Women, KnowThyself*. Then, see what selling a house in this

economy is like and more.
[Catch the carnival:](#)



The **Accidental Locavore** is now on [Alltop](#)! Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

150 West End Ave 23H | New York, NY 10023 US

