



Dear ,

In honor of Valentine's Day, which restaurants make you feel loved? How about a rib recipe you'll love? I'd love to go to Chile, so please [vote for me!](#) And, it's that time of year again, I'd love a donation for [Hike for Hope!](#) If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!  
Anne



#### The Best Restaurants Make You Feel Loved

It started with a cup of coffee.

As much as we say we go to restaurants for the food, the Accidental Locavore doesn't think that's the entire story. While I've always said you can't eat the décor, there are things besides the cooking that make or break an evening. We always think that food is the most important, but how you are treated, before, during and after you eat that food, plays a huge role in how the meal is enjoyed.

[Love:](#)

#### Spicy Spare Ribs Recipe Inspired by Gordon Ramsay

After drooling over most of the Gordon Ramsay's *Ultimate Cookery Course*, the Accidental Locavore decided it was time to take at least one of the recipes out for a test drive. First up (because spare ribs were on sale), his spicy spare ribs. This time, watching the show, I took notes.

[Ribs:](#)



#### Please Send me to Chile!

I'm entered in a contest for a food trip to Chile. Please vote (early and often) for my post: [Loco for Locos](#) and help me win the trip. I've been to Chile before and loved it. Enjoy the post and thanks for voting!

[Vote here:](#)

#### Hike 4 Hope

Believe it or not, it's almost time for the Hike 4 Hope. This year, is the 15th anniversary of this great event! Please donate to help fund cancer research and remember that all of your donations go to City of Hope. [Click for the link](#) to my page and thank you so much!

#### Locavore Hint

Why do blue painters tape and a Sharpie belong in your kitchen?

[Click here and find out:](#)



#### February Calendar

How about some bright ranunculus instead of traditional Valentine's Day roses?

To use as your desktop wallpaper in Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or right-click on the image and choose "Set as Desktop Background" Enjoy!

[Download Calendar:](#)

#### Huffington Post & The Daily Meal

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on

HuffPost. And [here](#) to see what I'm up to on the Daily Meal. [Here](#), I'm part of a compilation on different ways to use chocolate-yum!

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The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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