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### Dear Friend,

Please enjoy this week's newsletter and pass it on to a friend. Let us know what you think of the recipes, and how you like the newsletter.

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# Cassoulet, the French Take on Pork and Beans, Only so Much Better!

Cassoulet is a classic French dish of either duck or goose confit, sausages, and beans. It's a great example of a simple dish, riffs on pork and beans taken to another level. The Accidental Locavore recently got an offer from <u>D'Artagnan</u> for 20% off their cassoulet kit. Since my parents were supposed



to be coming for the weekend, it looked like a good weekend cooking project, not to mention a terrific January dinner, so why not? In between snow storms, a huge, really huge, box arrived from D'Artagnan. In it, beautifully packaged, was everything you need to put together a cassoulet dinner.

Read more:



# Cook-Along Recipe for an Easy Vegetable Side Dish: Braised Leeks

This week's cook-along recipe is for a easy vegetable side dish, braised leeks. Working from the biggest cookbooks the Accidental Locavore owns, this week's cook-along recipe for braised leeks comes from an old favorite, Julia Child's *The Way to Cook*. I was looking for an interesting side dish recipe to go with cassoulet, and thought braising greens, something like leeks or endives would be a nice homey vegetable that would work with the richness of the cassoulet. <u>Get the recipe</u>

### Missed a Newsletter? Check out the Archive

If you missed a newsletter, all the Accidental Locavore newsletters are now available as a PDF on the website. <u>Click here</u>

## **Homie Award Update**

Thanks to everyone who nominated the Accidental Locavore for a Homie award! We just missed the cut, coming in 11th, however we managed to beat out some pretty stiff competition.

#### **Blogging Boomers Carnival 192!**

This week stress management for writers, when to retire, and the four A's of Alzheimer's. <u>Check it out:</u>



**The poll:** What's your favorite pizza topping? <u>Cast your vote</u> on the homepage. So far meatballs and mushrooms are in the lead.

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