



Dear ,

Please enjoy this week's newsletter! If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,  
Anne



#### **Building a Better Mousetrap, One Spatula at a Time**

Like The Accidental Locavore, everyone has had those moments in the kitchen when you just shake your head and wonder, "who invented this?" Or as is often the case for me, "what man who has never washed a dish in his life created this impossible-to-clean appliance?" It's what almost drove me to become an industrial designer back in the day.

[Better spatula:](#)

#### **Recipe: Salad Frisée Lardons**

This is a classic bistro salad that is a particular favorite of the Accidental Locavore's husband and her father. A poached egg is the traditional accompaniment. I usually eat mine without as I have an old abhorrence of runny egg yolks, but I'm told it adds that certain je ne sais quoi (if you need help poaching the eggs, [click here](#)). It's quick to make and is a good winter salad.

[Recipe:](#)



#### **New This Week:**

##### **December Calendar**

Red and green jalapenos in the holiday spirit: [Click here to download it.](#)

To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

##### **Toque Food App Awards**

This Thursday at 7:00 EST, sign into your Twitter account and catch the second annual Toque Food App Awards. Search for #foodappawards and let me know what you think. There were at least two that I judged that will have a permanent place on my phone!



##### **Huffington Post**

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

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The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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