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Please enjoy this week's newsletter and pass it on to a friend. [Let us know](#) what you think of the recipes, and how you like the newsletter.

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Happy New Year!

No New Year's Resolutions, but Three (Green) Goals for 2011

For 2011 here are three goals the [Accidental Locavore](#) is setting, no resolutions, just goals. They're not big, just some small steps in the right direction. How about you?

1. Support local business. Whether it's a local grower, farmer, purveyor, or the small very specialized business down the street, local is better. And get out of your comfort zone with food. Try a cut of meat you've never had, experiment with an unusual vegetable at your farmer's market, or go for a different type of fish that might be more sustainable than the best-sellers.

[Read more:](#)



Recipe for Hollandaise Sauce (Don't Worry it's Easy)

Every year at Christmas the Accidental Locavore gets called on to make Hollandaise sauce. This is a recipe for Hollandaise sauce using a food processor or blender which makes it pretty simple, you just need to be a bit careful. You can also use a stick blender, or a whisk, but doing it by hand requires a strong hand. We use it over broccoli, and if I had it around I'd use it for artichokes, asparagus or over a steamed filet of sole. It works on the same principal as mayonnaise, an emulsion.

[Get the recipe](#)

Sassy Ladies Blog Talk Radio Show, EcoPlum Newsletter

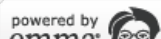
I had a great time on the [Sassy Ladies Blog Talk Radio Show](#). Tune in at to hear what I had to say about being an entrepreneur and other topics. And be sure to check out the [Sassy Ladies](#) website, they're smart (and sassy) entrepreneurs with great ideas!

If you need a green holiday gift idea make sure to see my latest post on [EcoPlum](#), it may be just what you need.



What's your biggest goal for 2011? [E-mail](#) me and let me know.

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