

Accidentallocavore®

Dear Friend,

I'm ending this year with a roasting primer. You may have an occasion to roast something in the next couple of weeks, so why not do it fearlessly?

This week, the tools you'll need and my recipe for slow-roasted duck--so easy!

Next week, an abbreviated newsletter and a break from blogs. We'll take up again on January 3rd.

My friend Sue gave me a beautiful poinsettia and it's this month's calendar.

If you know anyone who is into food and fun, please ask them to <u>sign up for the newsletter</u> and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy & Happy Holidays!

Anne



Roast Like a Pro-Top 10 Tools

'Tis the season... A roast is considered de rigueur for the holidays. But, if you suffer from fear of roasting, here are the Accidental Locavore's top 10 tools to make roasting a snap!

Read More:

Slow-Roasted Duck

This slow roasted duck is the Accidental Locavore's favorite way to roast a duck. If you've got an afternoon, and need an excuse to binge watch _____, this is your meal. The fact that it couldn't be easier, or more delicious,



are just bennies.

Get the recipe:

🔽 f



December Calendar

This beautiful poinsettia is perfect for the holiday season! After you click on the download link, rightclick and "save as desktop backgound".

Download the Calendar:

Calendar

Accidental Locavore Live!

If you missed this week's show, you can catch up on <u>our homepage</u>.

Taking a break and the show will be back on January 9th with Denise Gaylord who will tell us all how to get in shape for 2017!

Tune in at 5:00 EDT Mondays. <u>www.pawlingpublicradio.org</u> or listen anytime on <u>our homepage</u>.

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12569-1289 US

