

[Subscribe](#) to our email list

Share this: [Twitter](#) [Facebook](#) [LinkedIn](#)

Accidentallocavore®

Dear Friend,

The August Calendar has some beautiful sunflowers from my CSA, check it out below. More from the CSA, on picking blueberries and then my favorite marinade for grilling chicken.

If you have a friend or two who might like the newsletter, why don't you suggest [they sign up](#) by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Hunting and Gathering

Have you ever noticed that when people get together to do something like pick blueberries things change? The Accidental Locavore noticed last week, in the middle of a blueberry bush, that people pick blueberries and quietly chat. Recipes are swapped, children munch on many more berries than they pick and everyone is united in a simple task. Newcomers are happily told to go to certain areas or rows where there is an abundance of fruit. And it's just a warm and sunny summer afternoon.

[Blueberries:](#)



The Simplest and Best Grilled Chicken

Sometimes the Accidental Locavore truly is accidentally local. Such is the case with one of my all-time favorite marinades for chicken. It's something I picked up ages ago at, of all places, Restoration Hardware, which then stopped carrying it (might have been the end of the season). Finally, this spring, I decided to see if it was possible to find it online and of course, there it was. It's called Chiavetta's Barbeque Marinade and it turns out to be from western New York State.

[Read more:](#)



August Calendar

Isn't this beautiful? Sunflowers from the CSA garden. Welcome August! [Click here](#) to download the calendar.

Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

PO Box 1289 | Pleasant Valley, NY 12569-1289 US

