

Accidentallocavore®

Dear Friend,

Are you a lobster roll fan? To see what's even better, look below. Then, another look at my husband's favorite pasta. Is it yours?

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Enjoy!

Anne



Lobster vs. Crab: Which is the Ultimate Roll?

There are mysteries about Manhattan that puzzle the Accidental Locavore and several of them have to do with seafood. Why, for example, in a city where there is cuisine from almost every country in the world, is it almost impossible to find an acceptable fried clam?

[Lobster:](#)



Pasta Puttanesca Revisited

Like wives from the sitcoms, I know that there are two dishes guaranteed to put my husband in a good mood. Albondigas (Mexican meatballs) are a close second, but his favorite has to be pasta puttanesca. It's super easy to make, supposedly the Italian working girls used to make it between tricks, and most of the ingredients are things you probably have on hand.

[Puttanesca:](#)





August Calendar

Isn't this beautiful? Sunflowers from the CSA garden. Welcome August! [Click here](#) to download the calendar.

Huffington Post & The Daily Meal

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