# Accidentallocavore®

#### Dear Friend,

Lots of lists! Things to do with tomatoes and things to do about August. Comment on the blog and let me know your favorites.

I bet you have at least one friend who would enjoy this newsletter. It's easy to sign up here. Or you can click the icons to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne

Share



#### August, Love it or Loath it?

The Accidental Locavore has really mixed feelings about August, so here's my list of loving it or loathing it... Read more:





### **Top Ten Tomatoes!**

Since you might have a few beautiful tomatoes kicking around, the Accidental Locavore is happy to share some of my favorite things to do with them, starting with... Get the recipes:









## **August Calendar**

Probably the best blueberries I've ever eaten! From Mead Orchards in Tivoli.

Download the Calendar:

Calendar

## **Label GMO Foods**

If you want to know where your food comes from, you might want to an email to your Senators. It's online and easy to do. <u>Just click here:</u>



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