

Accidentallocavore®

Dear Friend,

Have you ever been tempted by something at the supermarket that you know isn't good for you? See what landed in my [shopping cart](#).

Rif got treats in the form of these [oatmeal banana cookies](#). If you've got very ripe bananas and a dog, this is a great use for them! And, if you can't get enough dog treats, [the sweet potato ones](#) are featured in this Facebook group.

If you know anyone who is into food and fun, please ask them to [sign up for the newsletter](#) and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



Global Flavored Potato Chips-The Ultimate Junk Food?

I love potato chips, especially flavored ones.

BBQ.

Sea salt and vinegar.

Whatever.

So when the Accidental Locavore saw two new potato chip flavors from Lays, they were so out there I had to try them. They're part of a "limited time only global flavors" collection.

[Read more:](#)

Oatmeal Banana...Dog Biscuits

What really spurred this on was a recipe for these cookies on BarkPost and a very ripe banana that was on its way into the garbage.

They're really simple, you probably have everything on hand, and just remember, unlike humans, a dog is never going to complain about a cookie. [Get the recipe:](#)



August Calendar

Peaches!

[Download the Calendar:](#)

Calendar

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