# Accidentallocavore®

#### Dear Friend,

A recent dinner at the Seafire Grill, a Midtown seafood spot, and a new way to make chicken thighs exciting!

I bet you have at least one friend who would enjoy this newsletter. It's easy to <u>sign up here</u>. Or you can click the icons to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne

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#### Dinner at the Seafire Grill

Recently the Accidental Locavore was invited to try out the (new to me) Seafire Grill. It's a big room on East 48th Street. When you enter, there's a large, active bar to your right and a long dining room behind that. We were warmly greeted by Aron the manager, sporting a good-looking pink tie. Read more:





#### **Turkish Spiced Chicken With Green Sauce**

Being a lover of all foods Middle Eastern (okay, maybe just all foods), the Accidental Locavore made this chicken recipe for dinner recently. Give it some time to marinate but don't worry, the marinade comes together really quickly, so you can do it in the morning before you take off. Get the recipe:









### **August Calendar**

Probably the best blueberries I've ever eaten! From Mead Orchards in Tivoli.

Download the Calendar:

Calendar

## Label GMO Foods

If you want to know where your food comes from, you might want to an email to your Senators. It's online and easy to do. <u>Just click here:</u>



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