

Accidentallocavore®

Dear Friend,

This week I take a new subscription service for a test drive, see how it worked out. Ready for some fabulous gazpacho? Get the recipe, below.

I bet you have at least one friend who would enjoy this newsletter. It's easy to [sign up here](#). Or you can click the icons to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne

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Green Tower: Growing Your Own Sprouts

Sometimes the Accidental Locavore is just overloaded with interesting things to use or taste! I was recently contacted by the start-up Green Towers. They're working on several solutions for sustainable farming, including vertical farming and subscription boxes for you to grow your own produce. [Read more:](#)



Gazpacho: So Good You Just Drink It!

After the Accidental Locavore read the description of this gazpacho in the NY Times and remembered how good it was when Chef Jose Garces made it at his house a couple of years ago, so I needed to give it a try. You really need to use the best tomatoes and olive oil you can, otherwise forget it. [Get the recipe:](#)



August Calendar

Probably the best blueberries I've ever eaten! From Mead Orchards in Tivoli.

[Download the Calendar:](#)

Calendar

Label GMO Foods

If you want to know where your food comes from, you might want to an email to your Senators. It's online and easy to do. [Just click here:](#)

