

#### Dear Friend,

Please enjoy this week's newsletter. To subscribe, <u>click here</u>. To get the blog sent directly to your inbox <u>click here</u>. Let <u>us know</u> what you think of the recipes, and how you like the newsletter. Click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Best, Anne



## How the Accidental Locavore Survived Hurricane Irene

After going through the motions of emergency preparedness for Irene, the Accidental Locavore started to focus on the important stuff: what we were going to eat if there was no power. Cooking through the contents of a full fridge and big freezer was an option, however some things that didn't need much if any preparation would probably be a good idea. Smoking a chicken is easy, so I

butterflied one and, after brining it overnight tossed it on the smoker. Three hours later, a beautiful bird and one that would keep if the power were off for a while.

More survival food:

## Something About (Stuffed) Tomatoes, A Recipe

Most of the year, the Accidental Locavore wishes it was summer, so when it's actually upon us, it's time to enjoy everything the season has to offer! Probably the big winner, food-wise, is tomatoes. There is very little that can beat a fresh tomato, perfectly ripe and smelling like the essence of summer.



While most of the time, I'm content to just cut them up and toss into a salad, or mix with some local mozzarella and basil from the garden, occasionally the Locavore yearns for an old French favorite, stuffed tomatoes. Now, I'm not talking about breadcrumb stuffed tomatoes, or a tomato gratin, but what I fell in love with in Paris so many years ago, the sausage stuffed ones you find in every boulangerie in the summer. <u>Read more & get the recipe:</u>



New Features:

#### September Desktop Wallpaper Calendar

Click here to download the <u>Accidental Locavore's September Calendar</u>. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

#### App of the Week

The Accidental Locavore website now features an app review. Check out this week's app: *Fotopedia Paris* and see beautiful views of Paris.



## **Blogging Boomers Carnival 222**

# EcoPlum

This month's Ecoplum article is all about farmer's pet peeves. Recognise yourself? It's not too late to change your ways.

Here's the link:

The **Accidental Locavore** is now on <u>Alltop</u>! Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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