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Accidentallocavore®

Dear Friend,

Back into the kitchen with an easy recipe for **Butter Chicken**.

What would any Indian inspired dish be without basmati rice? This recipe does make perfect <u>basmati rice every time!</u>

If squash is something you can't get enough of, check out these beauties on the September calendar.

Don't forget about the other venture, <u>Hudson Valley Eats</u>. We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they <u>can sign up for the newsletter</u>. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Chicken Tikka Masala is a big favorite in our house and lately I've come across a couple of recipes for Butter Chicken, a close relative (or the same dish depending on who to believe). I think the big difference is that Tikka Massala is marinated in yogurt, while Butter Chicken can be made on the fly. The two recipes I was looking at were from both ends of the time spectrum—one was ready in about 30 minutes, the other was in a slow cooker

Get the recipe:

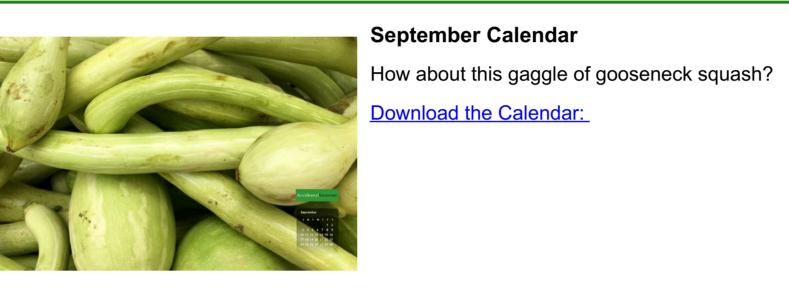
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Making Perfect Basmati Rice

I always make rice, be it long grain, jasmine, basmati, the same way – twice as much water as rice, a little salt. Bring the water to a boil, add the rice, turn the heat down as low as you can, cover and cook for 20 minutes. Works every time. So when I was looking at Made in India and she had a recipe for "Perfect Basmati Rice" I was skeptical.

Get the recipe:





Calendar

Accidental Locavore Live!

I'm off until September 11th when my guest will be the Editor of Organic Hudson Valley, Laurie Szostak. Enjoy the last weeks of summer!

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

Accidental Locavore

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