

# Accidentallocavore®

## Dear Friend,

Do you ever worry about cooking for someone? [See what happened to me](#) in the middle of chopping some tomatoes.

One of the great things about looking for recipes in previous posts, is that it gives me a chance to revisit some favorites. [This one for squash and fennel](#) was a big hit!

I'm now review restaurants for [Organic Hudson Valley Magazine](#) and got to eat a lot of oysters for my first piece.

Don't forget to check out the new venture, [Hudson Valley Falls](#). We're taking on the food scene in the Hudson Valley—restaurants, distilleries, markets, farms, all of it.

Watermelon is such a summer treat. [Check out the August calendar](#) and feel cooler instantly.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can [sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!  
Anne



### Intimidation (or Tabouli for Chefs)

It's surprising when people say they're intimidated to cook for me.

I guess it's because I'm around food all the time.

What they don't understand is that a night of not having to think about "what's for dinner" is generally a good night.

[Read more](#)



### Grilled Summer Squash and Fennel Salad Recipe

Faced with a pile of summer squash and fennel and requested to bring a salad to a recent party, I went trolling through a pile of cookbooks, hoping to find all the squash and/or fennel recipes that might have been saved for warmer months.



In Ottolenghi's Plenty More there was a recipe for courgette (not to brag, but I have a signed British copy) and fennel with saffron crumbs.

[Get the recipe](#).



### August Calendar

Watermelon, feta and mint.

What could be cooler?

[Download the Calendar](#).

[Calendar](#)

### Organic Hudson Valley Magazine

[Click here](#) for my first restaurant review for Organic Hudson Valley Magazine as we ate our way through oysters and more at Canoe Hill.



### Accidental Locavore *Live!*

Yesterday's show with Slow Food Hudson Valley's Rich Vergili will be the last one until September 11th. Enjoy the last weeks of summer!

Tune in at 5:00 EDT Mondays [www.pawlingpublicradio.org](http://www.pawlingpublicradio.org) or listen anytime on [our homepage](#).

Accidental Locavore

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