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Dear Friend,

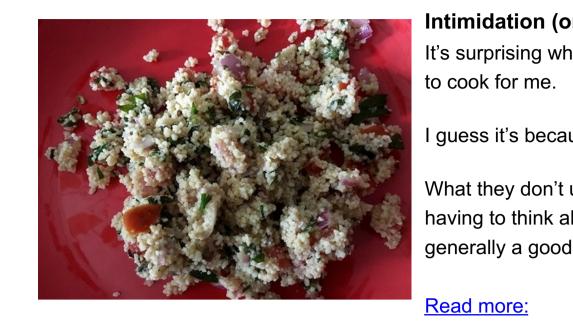
Do you ever worry about cooking for someone? See what happened to me in the middle of chopping some tomatoes.

One of the great things about looking for recipes in previous posts, is that it gives me a chance to revisit some favorites. This one for squash and fennel was a big hit! I'm now review restaurants for Organic Hudson Valley Magazine and got to eat a lot of oysters

for my first piece. Don't forget to check out the new venture, <u>Hudson Valley Eats</u>. We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Watermelon is such a summer treat. Check out the August calendar and feel cooler instantly. Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can sign up for the newsletter. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy! Anne



Intimidation (or Tabouli for Chefs) It's surprising when people say they're intimidated

I guess it's because I'm around food all the time.

What they don't understand is that a night of not having to think about "what's for dinner" is generally a good night.

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Grilled Summer Squash and Fennel Salad

Recipe Faced with a pile of summer squash and fennel and requested to bring a salad to a recent party, I went trolling through a pile of cookbooks, hoping to find all the squash and/or fennel recipes that might have been saved for warmer months.

In Ottolenghi's Plenty More there was a recipe for courgette (not to brag, but I have a signed British

copy) and fennel with saffron crumbs.

Get the recipe:



August Calendar Watermelon, feta and mint. What could be cooler? Download the Calendar:

Organic Hudson Valley Magazine Click here for my first restaurant review for Organic Hudson Valley Magazine as we ate our way through oysters and more at Canoe Hill.



Accidental Locavore Live!

Yesterday's show with Slow Food Hudson Valley's Rich Vergili will be the last one until September 11th. Enjoy the last weeks of summer!

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

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