

Dear,

Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or Linkedln.

Thanks, Anne



The Best Eating and Drinking in Vermont

The Accidental Locavore hadn't been to Vermont since sometime in the last century, and aside from six weeks of intensive French at Middlebury College, I've never been there in the summer. So it was a nice break from the hustle of New York, to spend a couple of days there, in the Burlington area. My friend Betty and I were up there for the Cheesemaker's Festival, but since there comes a

limit to how much cheese even I can consume, we ventured out to explore some of the area's restaurants. What did we eat?

Grilled Pork Chops With Pickled Peaches

Understand that when the Accidental Locavore invites you over for dinner, it's usually to be a guinea pig for whatever has been on my radar. And in the summer especially, one thing usually leads to another. I'd been wanting to try a pork chop recipe with pickled peaches I saw in Food & Wine so it was a good excuse to have a couple of friends over for a grilled dinner.

Pork chops:





New This Week:

August Calendar

What's better in August than a lobster roll? <u>Click here to download the Accidental Locavore's August Calendar</u>. To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

BBC 272

This week's carnival has a theme, second careers. See how Boomers are dealing with changing job and retirement options.

Second careers:

Redbook Magazine:

My accountability partners and I discuss how important it is to have a group you can count on. Buy the August issue

and see how well it works! Click & read:

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! Click here to follow on HuffPost.

The **Accidental Locavore** is on **Pinterest** and **Alltop!** On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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