

Accidentallocavore®

Dear Friend,

Do you always make sauces and stuff like that from scratch or do you cheat on occasion? These [sauces from Delicious & Sons](#) might make you reach for the bottle.

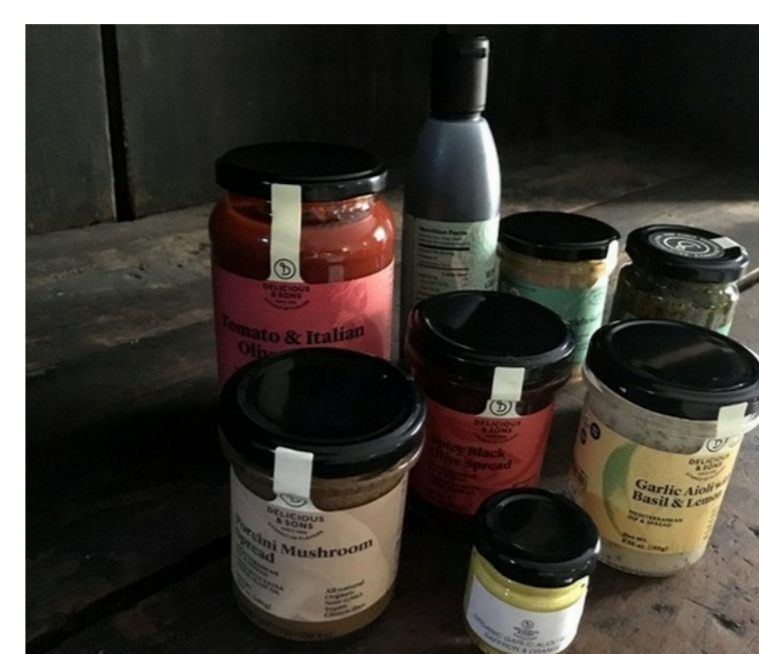
This week's recipe for [short ribs with a Thai chili](#) sauce was a good excuse to try out my Insta-Pot, but a slow cooker would work just as well.

Asparagus always means spring and these white ones make a [beautiful May calendar](#) for your desktop.

Speaking of May, I'm going to be posting blogs only once a week so I can focus on a new venture, [Hudson Valley Eats](#). Check it out and if you're on Facebook etc. please "like" it. We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can [sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!
Anne



Delicious & Sons: Organic Sauces & More

Sometimes delicious new sauces show up in the most unexpected places.

A few weeks ago, I was touring a co-packing plant and warehouse facility. Sometimes delicious new sauces show up in the most unexpected places.

This was the case with Delicious & Sons, a line of organic sauces and more.

Stick with me, this gets interesting.

[Read more.](#)



Short Ribs With Thai Chili Sauce

I wanted to take my Insta-Pot through some of its paces and short ribs seemed like the way to go. This time, I was looking for something different than my usual short ribs with bacon and Guinness. I had my Thai Chili Sauce from booYah and some ribs, so went to work.



[Get the recipe.](#)



May Calendar

Asparagus comes in many colors, and is always a sign of spring!

[Download the Calendar.](#)

Calendar

Accidental Locavore *Live!*

This week we were talking with Samantha who runs a very interesting operation in Poughkeepsie. Find out all about this surprising space.

Next Monday, we're speaking with Jonathon of Titan Management, a food consulting service. Find out how they work with food businesses both big and small.

Tune in at 5:00 EDT Mondays [www.pawlingpublicradio.org](#) or listen anytime on [our homepage](#).

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12560-1289 US



[Subscribe](#) to our email list.