





Dear Friend.

After ten wonderful days eating and drinking our way through the South of France, it's back to work. Today, a look at what makes something a classic. Asparagus are just getting good, so here's another look at turning them into "fries".

Will you please help me spread the goodness and invite your friends to sign up for the newsletter? My spring goal is to double the readership, so if everyone reading this can get a friend to sign up...Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or Linkedln.

Enjoy!

Anne



French Classics

As would be expected, some classics are better than other, but maybe they become classics because it's hard to mess them up. Case in point, a couple of meals the Accidental Locavore had in Nice.

The first was in a rather touristy restaurant, slightly off the beaten track, in the old city, where I was pleased to see soupe de poisson on the menu. If you're not familiar with it, it's the broth part of bouillabaisse.

French Classics:



Baked Aparagus Fries

The Accidental Locavore tried a recipe for asparagus fries (that aren't even fried) to mixed results recently. Here's the recipe adapted from spoonforkbacon and I'd love to know what you think. The prep time is a little long, depending on how many you're doing, however it's easy (but messy).

Asparagus Fries:





April Calendar

Aren't these beautiful Gerbera daisies?

Download the calendar:

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