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Accidentallocavore®

Dear Friend,

Every now and then you see a renovation that makes you go wow! POK, a commercial kitchen space in an old underwear factory, is one of those spaces. See why.

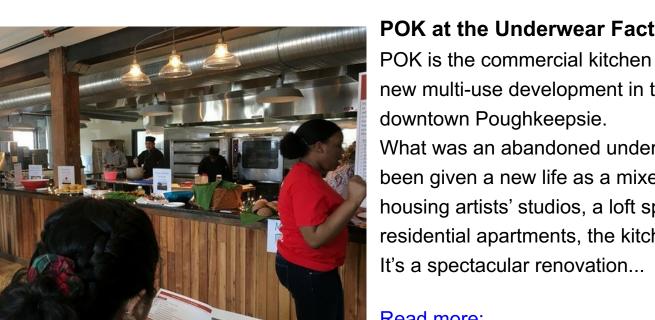
They say a test for chefs is how well they can roast a chicken. Yes, it's cheap and easy at Costco, but sometimes you just want a great roast chicken, with really crispy skin. This recipe will become your go-to.

April brings lovely micro greens for the calendar. Download them and think salad!

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they can sign up for the newsletter. Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



POK at the Underwear Factory

POK is the commercial kitchen at the heart of a new multi-use development in the heart of downtown Poughkeepsie. What was an abandoned underwear factory has been given a new life as a mixed-use building, housing artists' studios, a loft space for the arts, residential apartments, the kitchen and a café.

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Zuni Café Roast Chicken Recipe

The roast chicken from Zuni Café in San Francisco is legendary. The Accidental Locavore has never had it, and

funnily enough, my friend in SF who has eaten there many times hasn't either. It's on her list now.



Get the recipe:



April Calendar Spring micro greens deserve a place on your computer, don't they? Download the Calendar:

Accidental Locavore *Live!*

This week we were talking with Betsy Kent who is a genuis with online marketing. See what she has to say about websites and social media.

Next Monday, Heather Castro from Chocolate Mousse Catering will be my guest. With a name like Chocolate Mousse, how can it be anything but great?

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on our homepage.

Accidental Locavore

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