



Dear Friend,

Now that it's time to hit your local farmers' markets, [check out my tips](#) for making the most out of them.

This month's [Westchester Magazine](#) has my most recent piece for them.

Time for some spring greens in the June calendar. [Aren't they lovely?](#)

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



16 Top Tips For Shopping a Farmers Market

As we start to get into peak farmers' market season, here are my top tips for making the most of your market trip:

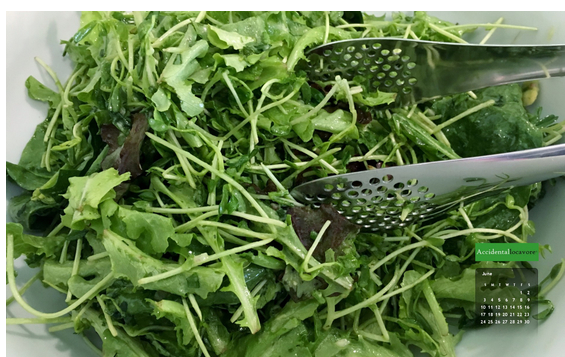
[Farmers' Market Tips:](#)



Westchester Magazine

My most recent piece for *Westchester Magazine*, features one of my favorite local products.

[Read it here:](#)



June Calendar

Time for some lovely spring greens tossed in a salad.

[Download the Calendar:](#)

Calendar

Accidental Locavore *Live!*

This week we were talking with with Walter Schell who makes paella to order over a wood burning fire. Yum! Join us!

Next Monday, we'll be talking fine wines with Valerie Hail who distributed some of France's best wines.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on [our homepage](#).

