

Accidentallocavore®

Dear Friend,

If you're like a lot of us here on the East Coast, spring has yet to be sprung. But if you're thinking about or yearning for fresh produce, now's the time to sign up for a CSA. Here are [some tips](#) on picking a good one.

A big congrats to Deb of MeOhMy Cookies. She just won a SOFI award for her Lemon Sugar Snaps. [Click here to read](#) about her and order some cookies for yourself.

Thought it was time for some flowers and I love these green and white tulips. [Download the April calendar](#) and use it as your desktop wallpaper.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



7 Tips For Finding the Right CSA

This is the time of year when we all start yearning for anything fresh.

A CSA or Community Sponsored Agriculture share is a great way to support local farmers and put plenty of great produce on your table.

While a few years ago, this was a pretty new concept, now there are CSAs for almost everything from fruits and vegetables to coffees and breads.

How do you pick the best CSA for you? [CSA:](#)



MeOhMy Cookies:

Congrats to Deb for the SOFI award for her Lemon Sugar Snaps. I can vouch for the fact that they are delicious!

[Cookies:](#)



April Calendar

These are some of my all time favorite tulips! Download these beauties and use as your desktop wallpaper.

Happy April!

[Download the Calendar:](#)

Calendar

Accidental Locavore *Live!*

This week we were taking the day off.

Next Monday, we'll be talking with Jennifer Clair who runs Home Cooking New York and just published a book *Six Basic Cooking Techniques*. Join us to find out what they are.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on [our homepage](#).