

# Accidentallocavore®

Dear Friend,

Ever wonder why garlic powder is so terrible? One taste of [Rockerbox Spice Company's](#) Garlic Dust will change your mind forever!

Are you ready for the Super Bowl? This [guacamole](#) will make you the MVP!

We still have some winter to get through and this hot chocolate that graces [the February calendar](#) is [easy to make](#) and have on hand.

Don't forget about the other venture, [Hudson Valley Eats](#). We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



## Rockerbox Spice Company: Garlic and More!

If you've been at a local foodie event, you've probably come across Raema Rotindo and her array of spices—Rockerbox Spice Company.

Founded almost 6 years ago, Raema started experimenting with dehydrating garlic and running it through a food processor, making her own garlic

powder.

[Rockerbox:](#)



## 7 Ingredients for the Best Guacamole Ever!

Since it's almost Super Bowl Sunday, what good would this blog be without a recipe for guacamole?

And not to brag, but the Accidental Locavore makes the best guacamole! [Here's the key:](#)



## February Calendar

It's always better when you make it from scratch [and this hot chocolate mix](#) is easy to make (and you can make it as chocolatey as you like)!

[Download the Calendar:](#)

Calendar

## Accidental Locavore *Live!*

This week we were speaking with the founder of Rockerbox Spice Company. She's making the best garlic powder you can get your hands on. It's a great story ([and you can read it here](#)).

Next Monday I'll be talking with [Barb the Butcher](#). Find out how she became Beacon's best butcher!

Tune in at 5:00 EDT Mondays. [www.pawlingpublicradio.org](http://www.pawlingpublicradio.org) or listen anytime on [our homepage](#).