



### Dear Friend,

Please enjoy this week's newsletter and pass it on to a friend. Click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

#### In This Issue:

- The Last Blog
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### It's All About Aging: What I've Learned

For the time being, I'm **saying good-bye** to It's All About Aging. The [website](#) will stay up, but this will be the **last blog**.



There seemed to be a **big need** for a site like It's All About Aging. Too many people are dealing with **issues involving their parents** and/or themselves with no **single source of information**. No way to get your ducks in a row and plan for the future, and **so much to plan for**.

[Read more...](#)

#### Links:

- [It's All About Aging](#)
- [In Case of Emergency List](#)
- [Accidental Locavore](#)
- [New AL Video](#)



### Farmbasket Week 15, the Last of the Tomatoes?

My basket this week had a **lovely mix** of great stuff, although now that it's fall, every week the **first thing I look for is tomatoes**. You know it's **all over** when they **stop coming**. However this week there were **three big red ones**, and **lots of little ones** in my garden, although my **basil** is pretty much over. Back this week were **cranberry beans**, and now the weather is perfect for a **gratin with the beans** and I scored a bunch of **duck legs confit** from Hudson Valley Fois Gras, so they will go well together.

[Read more...](#)

### The Newsletter

Starting next Tuesday the newsletter will be devoted to the Accidental Locavore and what I'm eating and cooking, local and fresh. If you'd like to keep getting the newsletter in it's new form, you don't have to do anything. If you're not interested, just click on the **"manage your preferences"** link at the bottom of the page. I hope you stay along for the ride, and invite all your friends, but if not, thank you for your support.

What will you miss about It'sAll About Aging? [Click here](#) and let us know.

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