



Dear ,

Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,
Anne



Pinterest Love Needed!

This [great recipe](#) for Duck Confit Shepherd's Pie is a semi-finalist in a contest to get an app developed. Wouldn't your life be so much better with an Accidental Locavore recipe app? Please [go to this link](#) and re-pin and like the shepherd's pie. Although you can only like and re-pin once, you've got a lot of friends, don't you?
Many thanks!

A Trip Into Meatball Madness

You know this to be true: there can be too much of a good thing. But like most people, the Accidental Locavore occasionally needs to be hit over the head to drive this point home. Such was the case at the Wine & Food Festival's Meatball Madness event, essentially an all-you-can-eat frenzy of spherical food.
[Meatball Madness:](#)



An Easy Dinner: Chicken with Chorizo and Potatoes

While the Accidental Locavore has a fascination with Pinterest, most of the food posted on it doesn't appeal to me. Once in a while, something will look really good and get re-pinned to my "Things to Try" board. And once in a longer while, I will actually make one of these "Things to Try" (now, maybe I should create a "Tried" board...). Such was the case with the *Spanish Chicken with Chorizo and Potatoes*.
[Get the recipe:](#)



New This Week:

October Calendar

Local Honey Crisp Apples grace the October Calendar: [Click here to download it.](#)
To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Blogging Boomers Carnival

Autumnal advice for health; mind, body and spirit and travels through the desert.

[Join the carnival:](#)

Mint.com

Looking for some great ideas for your slow cooker? From bread to cake and everything inbetween, [check out the Frugal Foodie](#) and see the Accidental Locavore's contribution.

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

150 West End Ave 23H | New York, NY 10023 US

