



Dear ,

Happy May Day! Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,
Anne



Does Grass-Fed Beef Make Great Pastrami?

As you loyal readers of the Accidental Locavore know, last year I was a happy participant in the Charcutepalooza challenge. One of the enduring results was that I now fairly regularly make duck confit, bacon, pastrami, etc. And even though I haven't done much cooking in the past few weeks (well, I'll admit to a month), bacon and pastrami were on the menu.

When we got the share of beef from Brykill Farm, I asked if it was possible to include a piece of brisket as part of the package.

[Read more:](#)

The Best Fried Chicken in New York

Fried chicken has become one of those trendy food items in New York, if not elsewhere. The Accidental Locavore isn't sure why. Do you think it's because it's comfort food? Or that it's relatively inexpensive (even at high-end restaurants)? Today it's time to put a stop to the endless arguments as to who makes it best.

The chicken I had was a deep, rich mahogany in color.

[Where was it?](#)



New This Week:

May Desktop Wallpaper Calendar

[Click here](#) to download the Accidental Locavore's May Calendar: beautiful asparagus! To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Blogging Boomer's Carnival 258

Can hypochondria be cured by a pastrami sandwich? What's life like as a primary caregiver? [What's new with the Boomers?](#)

Pinterest

Have you explored Pinterest yet? It's so interesting with many beautiful photos to inspire you to cook, travel decorate and more. Follow Anne and see the locavore "pins".

[Check it out.](#)

The **Accidental Locavore** is now on [Alltop](#)! Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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