

Accidentallocavore®

Dear Friend,

Have you ever thought about "shopping" your freezer? See what happened when we tried it! A lighter take on posole, this one with cod and tomatillos.

Huge purple artichokes are the stars of the May calendar, save them to your desktop, if they won't make you too hungry.

If you know anyone who is into food and fun, please ask them to [sign up for the newsletter](#) and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



Shopping My Freezer: 8 Weeks and 23 Meals

You know that moment when you open the freezer and the last thing that was shoved into it drops on your foot. You howl in pain and vow to clean it out—pronto! That was the state of the Accidental Locavore's freezer. As a challenge, I thought I'd see how long we could go eating what we already have, buying vegetables and perishables only. [Read more:](#)

Green Posole With Cod

This is a lighter (and quicker) take on the classic Mexican hangover cure. The Accidental Locavore thinks you'll like this fresh take on a classic Mexican (hangover) classic from bon appétit. It's easy and serves 4. [Get the recipe:](#)



May Calendar

A pile of purple artichokes

[Download the Calendar:](#)

Calendar

Accidental Locavore

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