



Dear ,

March, so spring is just around the corner, isn't it? See how a Kickstarter project worked out and find out about National Grapefruit Month below.

If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!
Anne



Elixirs of Pain: My Adventures With a Kickstarter Project

How could you not like a hot sauce (or a series of hot sauces) called *Elixirs of Pain*? The Accidental Locavore is a sucker for a good name and/or a well-designed package. And we know that I like a good hot sauce (or 50). So who was I to blithely skip by a Kickstarter project for a line of hot sauces? It turned out that I wasn't the only one seduced by a pretty label; this ended up being one of the most (over) funded projects on Kickstarter, and that's where the fun began.

[Pain:](#)

National Grapefruit Month & a Recipe for Grapefruit Brûlée

Although you may have known that February was Black History Month, you, like the Accidental Locavore, might have been unaware that it is also National Grapefruit Month. Maybe it was our haste to see this shortest month (in days anyway), get itself over with, but there in my email was this interesting factoid along with its 2013 must-have – the infographic.

In a happy coincidence, less than 100 feet away from me are a row of fruit trees, half of them grapefruit, so for once with citrus fruit, it actually is local and fresh!

[Grapefruit:](#)



March Calendar

These beautiful eggs are from Brykill Farms and they taste as good as they look!

To use as your desktop wallpaper in Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or right-click on the image and choose "Set as Desktop Background" Enjoy!

[Download Calendar:](#)

Hike 4 Hope Update

Once again, thanks to your support, my team was the top fundraising team for City of Hope. The Same Time Next Year Gals raised over \$33,000! Many, many thanks for your support!



Mint.com

This week I made Mint.com's list of 25 Household Uses for Food.

[See my tip:](#)

America's Top Restaurants

[Look who was](#) asked to help pick America's Top 101 Restaurants and [see what they are.](#)

Huffington Post & The Daily Meal

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on

HuffPost. And [here](#) to see what I'm up to on the Daily Meal.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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