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# Accidentallocavore®

**Dear Friend,**

Did you ever wonder what happens when chickens loose their happy homes? And since it looks like asparagus and the rest of the local spring veggies are still weeks away, a spicy Brussels sprout recipe to warm things up. If you were wondering, the brisket from last week turned into delicious pastrami!

Will you please help me spread the goodness and invite your friends [to sign up](#) for the newsletter? My spring goal is to double the readership, so if everyone reading this can get a friend to sign up...Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



## **Sriracha Brussels Sprouts**

As you know, the Accidental Locavore loves spicy food, but if you don't, you can stop reading now. The Sriracha means these definitely pack a punch! They started from a Pure Wow recipe for stuffed baked potatoes, but morphed from that, as I was looking for a new (stand-alone) use for some sprouts sitting in the fridge.

[Sriracha Sprouts:](#)



## **The Dark Side...of Urban Chicken Keeping**

In certain hip, locavore, foodie parts of the country (Brooklyn, Berkeley, Cambridge, etc.) the trend recently has been to raise your own chickens. While the Accidental Locavore has thought (briefly) about it, and admired the beautiful exotic chickens at Brykill Farms, you have to eat an awful lot of eggs to

make it worthwhile.

[Chickens:](#)

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### March Calendar

Looking forward to spring! Here are some grapefruit to brighten things up.

[Click to download the calendar.](#)

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### Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

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