

Accidentallocavore®

Dear Friend,

The August Calendar will keep you cool, check it out below. Then, since it's always a popular post, my tips for shopping farmers' markets. Grilled lambchops with radicchio are this week's recipe.

If you have a friend or two who might like the newsletter, why don't you suggest [they sign up](#) by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



The Top 9 Things NOT to do at a Farmers' Market

Because it's getting to be peak Farmers' Market season, I thought it was a good time to re-run my farmers' favorite posting. If you want to see what 800 people had to say about it, [check out the comments on HuffPost](#).

The Accidental Locavore was talking to a couple of farmers who have been at the various Greenmarkets in New York City for years. As you can imagine, they've witnessed a lot, from drunks, dogs and kids all run amuck, to women with cigarettes demanding to know if the produce is organic, they've seen it all. Some of their stories may surprise you and if you recognize yourself...

[Top 9 Things:](#)



Grilled Lamb Chops and Radicchio

This is a wonderful combination the Accidental Locavore got from an old NY Times article. Easily made on a grill pan, it's even better over charcoal. A gift of a new tool to peel garlic from my friend Ivan, some beautiful radicchio from my CSA, and the sage from my garden were all the excuses I needed! How about you?

[Lamb Chop Recipe:](#)



August Calendar

How about some delicious coconut ice cream with a chocolate shell? Welcome August! [Click here for the calendar](#) and [here for the recipe](#).



Wendy's Newsletter

As a follow-up to my guest spot on Wendy Hanson's radio show, my key questions are on her blog this week.

[Quiz yourself here](#). Or, if you'd like to hear the interview, it's on [iTunes](#).

Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

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