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# Accidentallocavore®

**Dear Friend,**

When you go away, do you always check out local markets? See what happened in a Mexican market recently. Yummy, ricotta gnocchi from *The Vermont Farm Table Cookbook!*

If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



**Ricotta Gnocchi Recipe**

This is a great gnocchi recipe (are there bad gnocchi recipes?) the Accidental Locavore made and is using courtesy of The Vermont Farm Table Cookbook by Tracey Medeiros. It's easy, just remember with gnocchi, less is more, so handle it as little and as lightly as possible. Serves 4.

[Gnocchi recipe:](#)



**Adventures in a Mexican Market: When Vegetarians & Pig Heads Collide**

Do you feel a trip to a new destination isn't complete without a cruise through a hardware store? Or would you rather check out the local pulse by finding all the dive bars or hidden beaches? The Accidental Locavore wants to go to the markets. Whether I speak the language, or have the opportunity to use anything I might find at the market, I just love to go and wander, see what's available, watch the locals bargaining and commenting on the day's offerings. I've always loved the markets in Mexico, with the piles of chiles, ropes of garlic, mountains of moles and all the tropical fruit.

[Markets:](#)





### July Calendar

Doesn't this look delicious? Watermelon and mango at a street vendor's in Mazatlan, Mexico. [Click here](#) to download and save it as your desktop calendar.

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### Shoes and Financials?

What do shoes, financials and bras have in common? If you missed my interview on Wendy Hanson's radio show, you need to check it out. [Click here](#) for the link to her site, or check it out on [iTunes](#).

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### Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

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