

Accidentallocavore®

Dear Friend,

How do you save recipes? Now, most of mine are "in the cloud" so I can always access them, [but in the old days...](#)

Tomatoes have just started showing up in our CSA and that means my version of a [salad Niçoise](#).

Don't forget to check out the new venture, [Hudson Valley Eats](#). We're taking on the food scene in the Hudson Valley--restaurants, distilleries, markets, farms, all of it.

Time for a trip to Maine and some lobsters. In the meantime, I'll just look at them on the [July calendar](#).

Wouldn't your food loving friends like to get a treat every Tuesday? Forward this to them and they [can sign up for the newsletter](#). Or click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

Enjoy!
Anne



How Do You Save Recipes?

Remember back in the day, when you wanted to save a recipe from a magazine or the NY Times, you either ripped it out or saved the magazine? And you ended up with huge files that never saw the light of day again.
Never mind used.
One grey and blah Sunday when dinner plans had been cancelled, I ended up cruising through some huge folders of stuff I'd ripped out and saved.
The surprises? [Read more.](#)



Salad Niçoise

Not sure how many points I'd get from the French for authenticity, but it's the joie de vivre that they'd appreciate.
For me, salad Niçoise is all about riffing on the basic, with whatever looks good at the market.
[Get the recipe.](#)



July Calendar

Craving lobster?
[Download the Calendar.](#)

Calendar

Accidental Locavore *Live!*

Next Monday my guest will be Sean from booYah hot sauce! Find out what makes his hot sauce the most awarded sauce ever.

Last week's guest was Sara from Raspberry Fields Farm talking her granola and other goodies. . Catch up with her on our homepage.

Tune in at 5:00 EDT Mondays. www.pawlingpublicradio.org or listen anytime on [our homepage](#).

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