



Dear ,

Lots of news this week! Check out the video, Redbook article and more. Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,
Anne



Playing With Your Food: the 2012 Recipe for Lemon Vinaigrette

As you know, the Accidental Locavore has a copy of *Modernist Cuisine*, as you probably don't know, I'm now the proud owner of a toy box full of all the powders and potions you need for playing with your food, the molecular gastronomy way. The July issue of *Food & Wine*, has a whole section devoted to using xanthan gum, (which stabilizes and thickens) something that was conveniently a component of my box. Even though it was late and I was hungry, today seemed like the day to bypass the usual lemon vinaigrette and go for the modernist version

[Modernist Vinaigrette:](#)

The Top 9 Things NOT to do at a Farmers' Market.

Because The Accidental Locavore was on vacation last week, and since it's getting to be peak Farmers' Market season, I thought it was a good time to re-run my farmers' favorite posting. During the taping of a new cooking show the Accidental Locavore was talking to a couple of farmers who have been at the various Greenmarkets in New York City for years. As you can imagine, they've witnessed a lot, from drunks, dogs and kids all run amuck, to women with cigarettes demanding to know if the produce is organic, they've seen it all. Some of their stories may surprise you and if you recognize yourself...

[Read more:](#)



New This Week:

July Calendar

Patty pan squash from Stokes Farm for July (What you thought it would be red, white and blue?). [Click here to download the Accidental Locavore's July Calendar.](#)

To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Blogging Boomers' Carnival 267

This week's carnival covers leaving the nest, hospitals' ratings and lots more!

[Take me to the carnival:](#)

Anne on YouTube

[Check out this great video](#) from the NY Times Small Business Summit. Thanks to WomenCentric for it!

Redbook Magazine:

My accountability partners and I discuss how important it is to have a group you can count on. Buy the August issue and see how well it works!

Blogher:

Once again an Editor's Pick on Blogher with a recipe for smoked trout salad!

[Who wants to cook in the heat?](#)

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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