



Dear ,

Believe it or not it's the 15th anniversary of [Hike for Hope](#) and I'd love your support! For those who have already donated, a big thank you! If you like rotisserie chicken, try this Thai version.

If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!
Anne



Accidental Locavore Asks You to Support Hike 4 Hope 2013

Once a year, the Accidental Locavore takes a break from food (sorta, kinda-have to remember to ask about the bacon hike...) to hike and raise money for City of Hope.

Hard to believe it's been 15 years since that first hike! Do you remember what you were doing 15 years ago? How about 15 minutes ago? What I hope you'll be doing in the next 15 minutes is supporting me in this year's 15th annual **Hike 4 Hope**.

[Donate:](#)

Thai Rotisserie Chicken

One of the food groups the Accidental Locavore follows on LinkedIn had a post about grilling in the winter (easier to do when there's not a mountain of snow between you and the grill) and a recipe for a Thai rotisserie grilled chicken. Sounded good to me! Since there was too much snow between me and the grill, I pulled out my electric rotisserie and that worked fine.

[Thai Chicken:](#)



The Accidental Locavore's First King Cake, A Mardi Gras Tradition

Many of you may be old hands at King Cakes, but for the Accidental Locavore this was a culinary first! It's an old New Orleans tradition, usually connected with Mardi Gras, but according to the (very long) history that came with my cake, it was actually something that was baked and eaten during the Epiphany season (from January 6th to Ash Wednesday). Since the US is a country with a short attention span for everything, including religious traditions, it's become associated with

Mardi Gras celebrations.

[More cake:](#)

Wedding Registry

No, I'm not registering, but was asked what I thought were essentials. Check it out on [Mint.com](#). What would you have added?



America's Top Restaurants

[Look who was](#) asked to help pick America's Top 101 Restaurants and [see what they are](#).

February Calendar

How about some bright ranunculus instead of traditional Valentine's Day roses?

To use as your desktop wallpaper in Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or right-click on the image and choose "Set as Desktop Background" Enjoy!

[Download Calendar:](#)

Huffington Post & The Daily Meal

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost. And [here](#) to see what I'm up to on the Daily Meal.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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