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Accidentallocavore®

Dear Friend,

Since I haven't found a mushroom soup recipe yet, how about a lovely broccoli one instead? What keeps you from trying a recipe? My "deal breakers" are below.

Many thanks to all those who have donated for the Hike 4 Hope-I've moved up to the #4 fundraiser! If you haven't yet, there's still time and [the link is below](#).

There's also a link to an interview I did with Olympic Gold Medalist Kristi Yamaguchi on HuffPost. Check it out to see inside the mind of a top figure skater.

If you have a friend or two who might like the newsletter, why don't you suggest they sign up by forwarding this email? Or you can click the icons above the logo to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!

Anne



Broccoli and Parmesan Soup

The Accidental Locavore saw this recipe on Food 52 recently and happened to have a nice bunch of broccoli on hand so this became lunch. You need a little over an hour to make this but most of it is for cooking the broccoli. Serves 4 to 6

[Broccoli Soup:](#)



8 Recipe Deal Breakers-What Are Yours?

There was an interesting article in the NY Times about recipe "deal breakers" that got the Accidental Locavore thinking. What are the deal breakers, or stallers, when it comes to recipes? Here are a few that popped into my head:

[Recipes:](#)



Hike 4 Hope 2014

As you all know, the annual Hike 4 Hope to raise money for women's cancer research is very important to me. Would you please take a few minutes and sponsor me? Skip the latte today and give \$5 to [City of Hope](#). Many thanks!



Meet Kristi Yamaguchi

Through Procter & Gamble and Walmart, about a month ago, I got to meet Kristi Yamaguchi. Kristi had been showing the kids some of her moves on ice, which unfortunately I missed, but she graciously answered some questions (with a lot of humor) that might help you peer into the mind of a gold medal-winning Olympic skater. [Kristi:](#)



March Calendar

Looking forward to spring! Here are some grapefruit to brighten things up.

[Click to download the calendar.](#)

Huffington Post & The Daily Meal

The Accidental Locavore is now part of *Huffington Post*! [Click here](#) to follow on HuffPost. [And here](#) to see what I'm up to on *The Daily Meal*.

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