



Dear ,

If you like salmon, look below for this super-simple way of cooking it. Then, be sure to catch me on the PBS Special. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Enjoy!
Anne



Making Lollipops With Mom: A Holiday Tradition

For as long as I can remember, lollipops have been a Christmas tradition in my family. But we're not talking about a colored disc of candy on a stick – these are from a collection of antique molds my mother has collected for years. [Make lollipops:](#)

Sous-Vide, the Easiest Way to Cook Salmon

Since the Accidental Locavore has cooking for one recently, the good news is that I get to cook whatever I want, the bad news is that I get to clean up whatever I've cooked. The other day I decided to try cooking salmon sous-vidé (or in a water bath) and it turned out to be the best and easiest way I've ever done salmon! Unlike my friend Zhu Zhu, I don't have a sous-vidé machine, so I usually make due with a vacuum sealer and my crock pot, but you don't really need either. A pot and a Ziploc bag will work fine.



[Recipe:](#)



New This Week:

Heirloom Meals Christmas Special

On this new special for PBS, the Accidental Locavore shows you my family's Christmas tradition, lollipops. [Check out the site](#) for the air date (generally the 22nd) and see me in action.

December Calendar

Red and green jalapenos in the holiday spirit: [Click here to download it.](#)

To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

Last Minute Gift Idea?

My friend Jeff is running a Kickstarter campaign for his amazing mustards. His [coarse mustard is sublime](#), so if you're in need of an interesting gift idea, why not back a small business? [Ameline on](#)



[Kickstarter.](#)



Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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