



Dear ,

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Thanks,
Anne



Yearning for Lobster

The Accidental Locavore has had lobster on the brain recently. Must be that I keep hearing how inexpensive it's been this summer. Might also be that I'm feeling a bit deprived as I didn't eat much/enough of it when I was in Maine last month. Stupidly, the first morning, I had a bite from my husband's lobster omelet and as I took the bite, I knew the lobster wasn't good, but I ate it anyway.

Luckily, all it did was take my appetite away for a couple of days and passing on a lobster dinner might not seem like a big event to you but...

[Lobsters:](#)

Stuffed Eggplant With Lamb and Pine Nuts

Sometimes you need to be a little sneaky about food. I saw this eggplant recipe in Food & Wine and it immediately appealed to me on three fronts: love of stuffed vegetables, something new to do with eggplants and ease of preparation. One small issue, eggplants are not my husband's first choice—ever. So, when it looked like I was going to be alone with two house-guests for dinner...

[Get stuffing!](#)



New This Week:

August Calendar

What's better in August than a lobster roll? [Click here to download the Accidental Locavore's August Calendar.](#)

To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

BBC 273

What are the Boomers doing this last week of summer?

[Summer Carnival](#)

Redbook Magazine:

My accountability partners and I discuss how important it is to have a group you can count on. Buy the August issue

and see how well it works! [Click & read:](#)

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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