

# Accidentallocavore®

## Dear Friend,

This week we welcome August with a [peachy new calendar](#), a [family favorite recipe](#), revived and a look at a [new subscription box](#).

If you know anyone who is into food and fun, please ask them to [sign up for the newsletter](#) and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



## Beef Jerky (and More) From the Carnivore Club

What would you say if the Carnivore Club asked if they could send you one of their monthly boxes to sample and write about?

Yes, of course (as the Accidental Locavore is not a vegetarian)!

The Carnivore Club is pretty secretive about what's in the boxes.

If you look at their past boxes, there's a lot of wonderful charcuterie from some impressive places. [Read more:](#)

## Lamb and Green Beans

If the idea of a lamb and green bean stew seems a little much for the extreme weather, you might want to think twice.

At my CSA, green beans are ripe for the picking.

And it cooks pretty fast.

Ditto cleanup.

So give it a try!. [Get the recipe:](#)



## August Calendar

Peaches!

[Download the Calendar:](#)

Calendar

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12569-1289 US

