



Dear ,

Please enjoy this week's newsletter. If you have a friend or two who might like the newsletter, why don't you suggest they [sign up](#) by forwarding this email? Or you can click the little envelope at the top right corner to send to a friend, Twitter, Facebook, or LinkedIn.

Thanks,
Anne



Speed Shopping at the Greenmarket

After a couple of weeks' absence, the Accidental Locavore was back to the Greenmarket. Ron from Stokes Farm put together a mass of great produce (with only a little coaching from me).

Corn, tomatoes, eggplant, avocado squash, kohlrabi, arugula, lettuce and blueberries all came together in a flash, a few peaches from the guy next to him and I was off. Don't you love shopping that way?

[Want a personal shopper?](#)

Grilled Caesar Salad: The Best Thing We Ate All Weekend!

This weekend, the Accidental Locavore finally got back in the kitchen. Time to play with some recipes and ideas I'd been kicking around; some of which, like this grilled Caesar salad, for a while. This is really easy and if you want to make it even easier, you can use your favorite bottled dressing. I decided to make my own, which was a big hit. This started out from a recipe in the NY Times, but then I skipped half the steps...

[Get the recipe:](#)



New This Week:

August Calendar

What's better in August than a lobster roll? [Click here to download the Accidental Locavore's August Calendar.](#) To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

BBC 271

From the election to cat poo, [see what's new with the Boomers this week](#)

Redbook Magazine:

My accountability partners and I discuss how important it is to have a group you can count on. Buy the August issue and see how well it works! [Click & read:](#)

Huffington Post

How exciting! The Accidental Locavore is now part of Huffington Post's Kitchen Daily! [Click here](#) to follow on HuffPost.

The **Accidental Locavore** is on [Pinterest](#) and [Alltop](#)! On Alltop, check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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