



Dear Friend,

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Best,  
Anne



### Accidental Locavore Crème Fraîche Taste Test

My friend Zhu Zhu decided to take on the Accidental Locavore in crème fraîche making. He's a genius who certainly knows a lot more about the chemistry behind cooking than I do, and we were chatting about some of the science behind making milk "spoil". Because we're both just a little competitive, he dropped off three versions of crème fraîche that he had made and I threw my latest batch into the ring.

The first sample the Locavore tasted had great taste, tangy and creamy at the same time. Good, rich, mouth-feel, really luscious.

[Read more:](#)

### The Accidental Locavore Has a Perfect Lunch

This time of year the Accidental Locavore finds that cooking one thing invariably leads to another (and another...). For the recipes, just click on the links. I wanted to take advantage of the gorgeous leeks from this week's farm box and knew there were potatoes in the fridge, so it seemed like a perfect excuse for vichyssoise. The Locavore used the fingerlings from Paul, even though peeling potatoes the size of a thumb was not my idea of fun, but luckily some people's thumbs are bigger than others. Taking an idea from Chef Kerry of Café Miranda, the vichyssoise got potato "croutons" in the form of tiny fingerling potato chips (his were French fries tossed on top of fish chowder) and snips of fresh chives from the garden, a more traditional garnish.



[Read more & get recipes:](#)



### New Features:

### August Desktop Wallpaper Calendar

[Click here to download the Accidental Locavore's August Calendar.](#) To install it on Windows: Download and save the image where you can find it. Then: Control Panel/Personalization/Desktop Background and select the image. Or, just right click on the image and "Set as Desktop Background" Enjoy!

### App of the Week

The Accidental Locavore website now features an app review. Check out this week's app: *Farm to Fork* and see if a

British app translates.

[App of the week:](#)

## Blogging Boomers Carnival 221

Jane Fonda's take on gutsiness, a chicken caper, the perfect coyote, bigfoot hunting, financial advice from the preeminent economists of the last century, figure our your retirement style, an attitude adjustment for love and experience the drama of moving to a foreign city.

[BBC 221:](#)

### Quoted:

On **Diets in Review** on CSA's. [Click here](#)

In **mint.com** in an article on no-cook recipes. [Check it out here:](#)

In the **Associated Press** as part of an article on "missing" 9/11. [I'm at the end.](#)

The **Accidental Locavore** is now on [Alltop!](#) Check us out under "food". Way under "food" but moving up! Scroll down towards the bottom of the page.

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