

# Accidentallocavore®

## Dear Friend,

Are you guilty of seasonal profiling? Is it ever too warm for cassoulet? The answers can be found below.

Amazing tulips for the April calendar! If I could find them here, I might risk feeding Bambi and plant some.

If you know anyone who is into food and fun, please ask them to [sign up for the newsletter](#) and get a treat every Tuesday. Or you can click the icons above to send to a friend, share on Twitter, Facebook, or LinkedIn.

If there's anything you'd like to see more (or less) of, you can always let me know by replying to the email or commenting on the blog.

Enjoy!

Anne



## Spring vs. Fall: Guilty of Seasonal Profiling?

While wandering the golf course on a beautiful October day last fall and picking apples off the trees, it occurred to the Accidental Locavore that maybe, just maybe, it's not really a dislike of fall produce, but possibly I'm guilty of seasonal profiling. [Read more:](#)

## Mark Bittman's Slow Cooker Cassoulet

Cassoulet, slow cooker, all ingredients on hand, cold weather, dinner, time for the Accidental Locavore to start cooking! This recipe was on the NY Times Cooking site and serves 4 or more. [Read more:](#)



## April Calendar

Aren't these fabulous tulips?

[Download the Calendar:](#)

Calendar

Accidental Locavore

PO Box 1289 | Pleasant Valley, NY 12569-1289 US

